

ASPIRE • INSPIRE • PERSPIRE

Breast Cancer Coalition of Rochester's 16th Annual



Pink Ribbon Run & Walk

Mother's Day, Sunday 5.14.17
Genesee Valley Park



NEW!
NO BROCHURE
THIS YEAR!

Pledge Sheet

You may also register and fundraise online at bccr.org!

Ask your friends, neighbors, relatives, co-workers and others to sponsor you! Complete this form and *collect the pledge money when pledges are made.* Checks must be made payable to *Breast Cancer Coalition of Rochester* and all check numbers must be recorded in the column below.

Sponsor's Name	Full Address	Payment	Donation Amt.
		<input type="checkbox"/> Cash <input type="checkbox"/> Check#	\$
		<input type="checkbox"/> Cash <input type="checkbox"/> Check#	\$
		<input type="checkbox"/> Cash <input type="checkbox"/> Check#	\$
		<input type="checkbox"/> Cash <input type="checkbox"/> Check#	\$
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		<input type="checkbox"/> Cash <input type="checkbox"/> Check#	\$
		<input type="checkbox"/> Cash <input type="checkbox"/> Check#	\$

You may also register and fundraise easily online at bccr.org!

(More pledge sheet space on other side.)

Participant's Name	Total Amount Enclosed	\$

Women only <input type="checkbox"/> 5K Runner	Family Fitness Walk Participants <input type="checkbox"/> Walker <input type="checkbox"/> Female <input type="checkbox"/> Male	<input type="checkbox"/> I am unable to participate, but please accept my donation of \$ _____
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I have read and fully understand the liability waiver on the reverse side ➡

Signature			
First Name	Last Name		
Address			
City	State	Zip	T-Shirt Size*
Phone	E-mail		
Age on May 14, 2017	Are you a breast cancer survivor?		<input type="checkbox"/> Yes <input type="checkbox"/> No
Raffle to win an Apple Watch Series 2 <input type="checkbox"/> \$5 for 1 ticket <input type="checkbox"/> \$20 for 10 tickets <input type="checkbox"/> Other amount: _____			
<input type="checkbox"/> Cash	<input type="checkbox"/> Check (Please make payable to <i>Breast Cancer Coalition of Rochester.</i>)		<input type="checkbox"/> American Express
<input type="checkbox"/> Mastercard	<input type="checkbox"/> Visa	Number	Expires Amount Charged \$
Name on Card			

FOR OFFICE USE ONLY	
Registration	\$ _____
Pledges	\$ _____
Raffle	\$ _____
Total	\$ _____
Cash	\$ _____
Checks	\$ _____
Charge	\$ _____
Verified By	_____
Entered in Database	<input type="checkbox"/>
Bib #	_____

Credit Card Signature _____ Date _____

*With fundraising minimum. See reverse side for t-shirt details.

Registration & Information

The Pink Ribbon Run is the *premier "women-only"* race in Greater Rochester. Women, of all ages and abilities are welcome to participate in the 5k road race. Our course is certified to be accurate by the USATF #NY13102KL.

The Family Fitness Walk (2.3 or 3.6 mile options) is open to all men, women and children, walkers, strollers, joggers and fitness enthusiasts.

All participants must read and sign the attached liability waiver.

When Mother's Day, Sunday, May 14, 2017.
 7:15 AM Registration
 9:00 AM Family Fitness Walk Start Time
 9:30 AM 5k Race Start Time

Where Genesee Valley Park @ Roundhouse Pavilion.
 Shuttle Parking Available - Marketplace Mall - North Lot at Jefferson Rd. & Hylan Dr. (between Macy's & Penney's).
 Parking also available adjacent to the Park on Moore Rd.; look for signs.
 Handicapped Parking ONLY in Genesee Valley Park.
 Please view and print maps of the Race, the Walk and all parking locations online @ www.bccr.org

Prizes \$300 to overall winner and a \$200 bonus to Course Record Breaker. Additional prizes for age groups, survivors and fundraisers. Visit bccr.org for more information. Per USATF guidelines, gun time will be used for all prizes and net time will be provided as a courtesy to runners.
Raffle to win an Apple Watch Series 2.

Cost \$25 All pre-registrations. \$35 Day-of registrations. Fees are waived for those raising \$50 or more. *Form on reverse side must be filled out and signed by all participants.*

Registration/ Packet Pickup Pre-register and fundraise online at bccr.org
Raise \$1,000+ to receive a Pink Fitbit Flex 2 (now swim-proof).
Create your own fundraising page; it's safe and secure!

Pre-register by mail. Send your form and checks to:
 Breast Cancer Coalition of Rochester
 1048 University Ave., Rochester, NY 14607.

Pre-register and pick up your packet in person at
Breast Cancer Coalition
 1048 University Avenue, Rochester.

Wednesday 5/10 8AM - 7PM Thursday 5/11 8AM - 7PM Friday 5/12 8AM - 7PM Saturday 5/13 8AM - 12NOON

Day of Registration and packet pickup begins at 7:15AM, Genesee Valley Park in Roundhouse Pavillion.

New This Year!

Fundraise \$50 or more to receive an event t-shirt at packet pickup. Any remaining shirts will be sold for \$10 at the event.
Fundraise \$100 or more to receive a tech shirt at packet pickup. Any remaining shirts will be sold for \$20 at the event.
Fundraise \$1000 or more to receive a Pink Fitbit Flex 2 (now swim-proof).

Pledge Sheet Continued

Sponsor's Name	Full Address	Payment		Donation Amt.
.....	<input type="checkbox"/> Cash	<input type="checkbox"/> Check#	\$
.....	<input type="checkbox"/> Cash	<input type="checkbox"/> Check#	\$
.....	<input type="checkbox"/> Cash	<input type="checkbox"/> Check#	\$
.....	<input type="checkbox"/> Cash	<input type="checkbox"/> Check#	\$
.....	<input type="checkbox"/> Cash	<input type="checkbox"/> Check#	\$
.....	<input type="checkbox"/> Cash	<input type="checkbox"/> Check#	\$
.....	<input type="checkbox"/> Cash	<input type="checkbox"/> Check#	\$

Liability Waiver

I certify that I am physically fit, have sufficiently trained for participation in this event and have not been advised otherwise by a qualified health care provider. I acknowledge that running a road race is potentially a hazardous activity. I assume all risks associated with running/walking in this event. These risks include, but are not limited to, those caused by terrain, water, weather, actions of participants, volunteers, spectators and/or producers of this event and lack of hydration. I hereby assume the risks of participating in the Pink Ribbon Run Women's 5K and Family Fitness Walk. I hereby take action for myself, my executors, administrators, heirs and next of kin, successors and assigns as follows: a) release and discharge from any and all liability, damage, property theft or actions of any participation in this event or my traveling to this

event, the Breast Cancer Coalition of Rochester, the County of Monroe, the City of Rochester, the Erie Canal Heritage Trail, the University of Rochester and Marketplace Mall, all sponsors, event directors, volunteers and all municipalities in which the event is conducted; b) indemnify and hold harmless the persons or entities mentioned in this paragraph from any and all liabilities or claims made by other individuals or entities as a result of my actions during the Pink Ribbon Run and in any other activities connected with it in which I may participate. I understand that no roller blades, bicycles, iPods, music players, running strollers or dogs are allowed in the fitness walk. I also give full permission for use of my name and photograph in connection with this event. I understand that all entry fees are non-refundable.

All participants must read and fully understand the above waiver and sign on the reverse side.

How did you hear about this race? TV Radio Print Ad Direct Mail Other:

Please send me more information about Breast Cancer Coalition and other program events Please contact me about volunteer opportunities