

Breast Cancer Coalition presents

Mind, Body, Spirit:

*Coping with Fear, Anxiety,
Grief, Depression and PTSD*
after a Cancer Diagnosis*

Wednesday, January 24, 2018 7:00 pm



**Sharon Gullo,
RN, CNS, MS,
PNP**

Private Practitioner

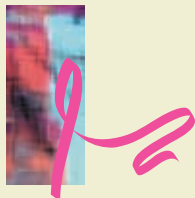
A cancer diagnosis can trigger a cycle of fear, anxiety, depression and Post-Traumatic Stress Disorder (PTSD). What impact does your emotional state have on your physical health? What are the signs and symptoms of PTSD? Please join us as we explore interventions and strategies to combat PTSD, anxiety and depression and help you strengthen your mind, body and spirit in the New Year.

**Post-Traumatic Stress Disorder*

Come with questions... Leave with answers!

FREE!

NO RESERVATIONS REQUIRED. JOIN US!



Seminar Location: Breast Cancer Coalition
1048 University Avenue, Rochester, NY • 585-473-8177 • www.bccr.org