



Discussion Group Guidelines for Virtual Programming

This is a safe, supportive, confidential environment for individuals living with Breast, Gynecologic, or Metastatic Cancer.

We ask that you:

1. Arrive on time. Even on Zoom, late arrivals and leaving early are disruptive. Zoom rooms are locked 10 minutes after the meeting begins at the facilitator's discretion.
2. Please join from a private and quiet area of your home to prevent background noise and protect the confidentiality for all participants.
3. Please mute yourself upon entering.
4. Make sure your first name, last initial, and pronouns are displayed as your screen name for attendance purposes.
5. Respect the confidentiality of all participants.
6. Talk about your own experiences and feelings.
7. Respect each person's way of dealing with their diagnosis and treatment choices.
8. Share airtime with other group members.
9. Be a good listener.
10. Refrain from giving unsolicited advice.
11. Resist any temptation to criticize others.
12. Avoid "bad mouthing" specific health care providers. Recognize that each person may experience a provider differently.
13. Communicate any concerns about the group within the group whenever possible, or to the facilitator or appropriate Breast Cancer Coalition staff.